



Top 40 Countdown

Saturday from 2-6 p.m.
Featuring the top of the pops

News Briefs

Traffic changes

Due to construction at Spangdahlem AB, Arnold Boulevard is now one-way from Riley Avenue to the base exchange parking lot exit. Detoured traffic is routed to Memorial Drive. This phase of the project is scheduled to last through July. Also, Perimeter Road will be closed indefinitely starting Monday. Normal vehicle traffic will not be allowed between buildings 600 and 771. Lastly, Goodfellow Avenue in front of base lodging has returned to two-way traffic.

Town Hall Meeting

Col. Stephen Mueller, 52nd Fighter Wing commander, is hosting a “town hall” meeting Thursday from 6:30-8 p.m. at the Spangdahlem AB theater for all Team Eifel members. The agenda includes the status of deployments, spousal support and an open forum question and answer session with 52nd FW leaders.

Base shuttle schedule change

Effective Saturday, the base shuttle service schedule reduces its operational hours. The new schedule is available on the Spangdahlem AB Intranet. Call the 52nd Logistics Readiness Squadron dispatch office at 452-6645 for more information.

Spouses group meeting

- The 52nd Mission Support Squadron Spouses Group meets Tuesday at 6:30 p.m. in Spangdahlem AB building 129. Call Ms. Roberta Shipp at 06575-903414 or Ms. Beckie Johnson by Sunday to register.
- The 52nd Communications Squadron Spouses Group meets Wednesday at 10:30 a.m. for coffee in the Bitburg Annex family support center and at 6:30 p.m. for a potluck dinner in the same location.
- The 52nd Logistics Readiness Squadron Spouses Group meets Wednesday at 6:30 p.m. in Bitburg Annex building 2007.

Top 3

The Spangdahlem AB Top 3 council meets Wednesday at 3 p.m. in the Saber Club. Col. Stephen Mueller, 52nd Fighter Wing commander, is the guest speaker.

MTI recruiting

Air Force officials seek people interested in becoming military training instructors. Senior airmen who commit to a second enlistment through technical sergeants with less than 17 years total active-duty service are eligible to apply. A detailed briefing takes place March 20 at 9 a.m. in building 130, Room 302. Applications will be reviewed on site. Call Master Sgt. Daniel Beasley, 52nd Fighter Wing career assistance advisor, at 452-7829 for more information.

Children and deployment

Youth deal with the fact that mom or dad is away from home in their own way.

Read “Children Wrestle with Deployment Issues, Too,” on Page 4

Eifel Times

Vol. 37, Issue 9 Spangdahlem Air Base, Germany March 7, 2003

Enhanced photo courtesy of the 52nd Fighter Wing Safety Office
Many vehicle accidents in the Eifel region result from changing weather and road conditions aggravated by narrow, winding roads with little or no shoulder. A Team Eifel member en route to work last year suddenly found himself on the way to the hospital after this accident.

Commander says ‘slow down’

Car accidents not only hit families hard, but also hurt mission readiness

By Master Sgt. Sean E. Cobb
52nd Fighter Wing Public Affairs Office

For the third time in three weeks, life-threatening injuries sustained in a major vehicle accident have sent a Team Eifel member to the hospital.

The airman remains in serious condition at a local German hospital. Last week, the airman’s vehicle slid on an icy road and collided head-on with another vehicle.

A total of eight 52nd Fighter Wing members were involved in eight separate major vehicle accidents over the past three weeks, according to Mr. John Keeler 52nd Security Forces Squadron Reports and Analysis chief.

Since Jan. 1, wing members were involved in 26 major vehicle accidents out of 173 total vehicle accidents, Mr. Keeler said.

The wing is simply experiencing too many vehicle-related accidents, said Col. Stephen Mueller, 52nd Fighter Wing commander.

“We can’t afford to lose another member,” said the commander. “When accidents claim the life of a team member or put them in the hospital for a time — people suffer, the mission suffers.”

With many wing members deployed down range to U.S. Central Command area of operations and more people scheduled to go, everyone’s piece of the mission becomes even more important, Col. Mueller said. “Those of us left behind are taking on more responsibilities. One responsibility is making sure we arrive at work to do our part.”

Many of the vehicle accidents this year were preventable, said Tech. Sgt. James Douglas, the wing’s safety office mishap investigation NCOIC.

Speed is the No. 1 cause of recent vehicle accidents, he said. “In most cases, people are driving around corners too fast or too fast for the road conditions,” he said.

“If you try and rush, sooner or later you’ll find yourself rolling through a farmers field,” he added.

People drive certain roads all the time and frequently drive as fast as possible during good weather. When bad weather rolls through, habit keeps people from adjusting to the current weather conditions, Tech. Sgt. Douglas said.

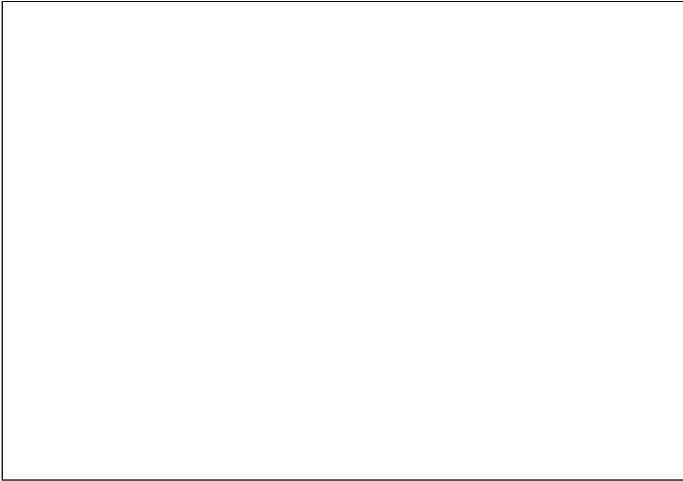


Photo courtesy of 52nd Security Forces Squadron
A Team Eifel member died in this vehicle accident last year. Motor vehicle accidents are the No. 1 cause of death in the Air Force and Spangdahlem Air Base has experienced its share with two motor vehicle fatalities in 2002.

The results of speeding may be costly or fatal. Often times after an accident the German police issue fines and citations to people who do not adjust their speed to weather conditions such as rain, snow and ice, said the mishap investigation NCOIC.

Considering the seriousness of the recent accidents, people are lucky to stay alive and pay those fines, he added.

Additionally, drivers should maintain good situational awareness while on the road. Driver’s keep out of trouble by knowing what is happening 360 degrees around them and anticipating other driver’s actions.

“Think, what’s the worst thing that guy could do to me?” as you are driving and take actions necessary to avoid threats, Tech. Sgt. Douglas said.

Ignoring basic driving techniques are big contributors to the wing’s vehicle accident rate, he said.

Drivers should adjust their speed to weather and road conditions, check their mirrors, physically look before passing or changing lanes, and always, always, wear a seat belt Tech Sgt. Douglas said.

“People know all these things,” he said. “But they don’t always do it.”

Special duty offers variety of unique job ops

Selective program features 50-plus options for airmen to serve in a different field

Story and photo by Airman 1st Class Amaani F. Lyle
52nd Fighter Wing Public Affairs Office

The Air Force has its own velvet rope that the crème de la crème who venture to try something different can cross, if they demonstrate superior skills in their career field and a desire to teach those skills to new airmen.

“(A special duty assignment) is a unique position within our Air Force that gives you an opportunity to broaden your horizons and offers a completely new perspective,” said Master Sgt. Daniel Beasley, 52nd Fighter Wing career assistance advisor.

“Getting accepted for an SDA is a very critical process because most of the assignments entail being the sole role model for a multitude of Air Force members,” said Master Sgt. Annette Henderson, 52nd Mission Support Squadron flight chief at Pitsenbarger Airman Leadership School.

Master Sgt. Beasley said SDAs are considered by some to be the “best kept secret” of the Air Force. The list of about 50 positions includes everything from a military training instructor to a “Thunderbirds” team member for F-16 aircraft.

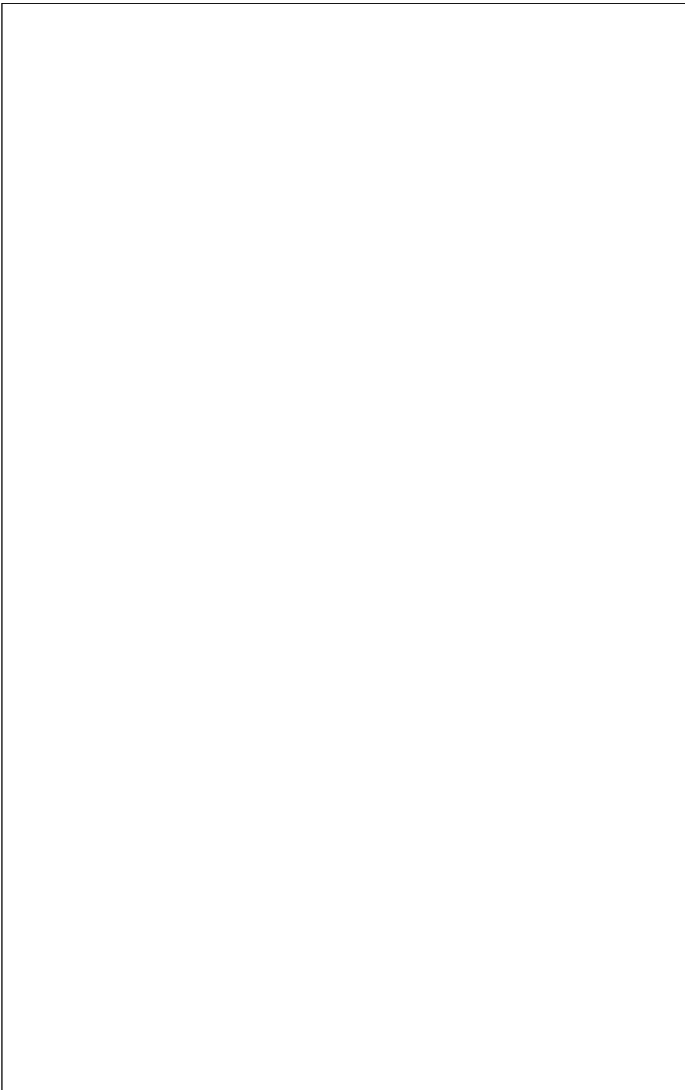
The range of coveted and selective jobs prompted Master Sgt. Beasley to ask a rhetorical question likely on the minds of many supervisors in light of recent deployment activity.

“A lot of supervisors know we’re undermanned,” said the master sergeant. “With deployments as they are, do we really want to suggest to one of our great troops to get training somewhere else?”

Master Sgt. Daniel Kuchler, 52nd Equipment Maintenance Squadron Munitions Storage Element chief, has recently returned from recruiting assignments at the 331st Recruiting Squadron, Pensacola, Fla., and the 368th RCS in the Spokane, Wash., office. He admitted it takes a selfless supervisor to let one of his troops go on a one to four-year SDA.

“If a supervisor thinks highly of an outstanding individual, why not allow him to broaden his career field and make himself more marketable?” he asked. “I say, let him come back to the career field of his choosing and be that better non-commissioned officer. (The supervisor is) grooming tomorrow’s leaders.”

Master Sgt. Henderson has spent 16 of her 21 Air Force years in special duty assignments and as a former military training instructor at Lackland Air Force Base in Texas. Though she personally has never dissuaded an airman from



Senior Airman Sean Stallworth, 52nd Communications Squadron finance clerk, gets set to weigh a parcel for a customer at the base post office. He is currently on a 3-year special duty assignment.

trying for an SDA, she concedes “there are certain shortage career fields in which it is just not feasible to be relieved” to pursue such a job. She explained that whether more comfortable as a worker bee or in the limelight of instructing, the optimal end result is a win-win situation, in which experience, professionalism and motivation serve both airman and Air Force.

Tech. Sgt. Scott Stewart, 52nd MSS Pitsenbarger senior professional military education instructor and supervisor, appointed over a number of special duty applicants, echoes that sentiment, but cautioned that timing is everything when it comes to SDAs.

“When I first applied as an airman leadership school instructor, my boss refused it because I was the NCO in charge

What’s available

One of about 50 different special duty assignments, the Thunderbirds team seeks top-notch individuals within their career field to crew chief or work avionics on F-16s. Logistics, administrative, public relations and computer support people are also needed. Below are a few other hot Air Force jobs listed on the special category assignment guide:

- Air Force Special Operations command medic
 - Combat camera
 - Postal duty
 - 11th Security Forces Squadron, Pentagon
 - Center for Aerospace Doctrine Research and Education
 - Space shuttle training manager
 - U.S. Air Force Honor Guard duty
- For detailed information on SDAs, visit <http://afas.afpc.randolph.af.mil/procedures/specat.htm> or call Master Sgt. Daniel Beasley at 452-7829.

of a newly merged career field and a U. S. Air Forces in Europe subject matter expert,” said Tech. Sgt. Stewart.

If the timing is right and the applicant’s skills and potential match the needs of the job, Master Sgt. Henderson notes there is an SDA in nearly every career field in the Air Force. She added that while it’s commonly thought only instructor positions exist, there are many more, which can be found in the special category assignment guide section located on the Air Force personnel center Web site.

“EQUAL (enlisted quarterly assignment listing) Plus is an outstanding tool to look at all the opportunities available to everyone from the young airman to the seasoned senior NCO,” she said.

Master Sgt. Beasley, formerly on a two-year SDA with the 45th Space Command space shuttle support team in Cape Canaveral, said he assists applicants through all the steps, helping them gather the required records, credentials, and what he says is most helpful, points of contact.

Though aware of the inherent pros and cons that come with SDAs, Master Sgt. Henderson’s experience has allowed her to continue to champion the program’s impact on airmen.

“All of my supervisors have been very supportive, because they knew that SDAs would make me a better Air Force member, and that the Air Force would benefit from my expertise,” she said.

Accidents

By John W. Keeler
52nd Security Forces Squadron
Reports and Analysis

Eighteen Team Eifel members experienced vehicle accidents in the past week, four of which were classified as major.

The first was on B-50 near Albachstrasse. An airman said that as he was driving toward Spangdahlem Air Base, he was blinded by the sun’s glare, which caused him to crash into the rear of a stationary vehicle operated by a local national. The local national was the only person injured in the accident and was transported to a local hospital for treatment. Both vehicles were towed from the scene.

The second was on L-46 between Zemmer and Herforst. A passerby reported an accident involving a local national and an airman assigned to Spangdahlem AB. A German traffic investigator reported that the airman lost control of his vehicle due to icy roads and slid into the opposite lane, which resulted in a slightly off-center, head-on collision. During the accident, the airman was ejected from his vehicle. The airman was airlifted to a hospital in Trier with life-threatening head

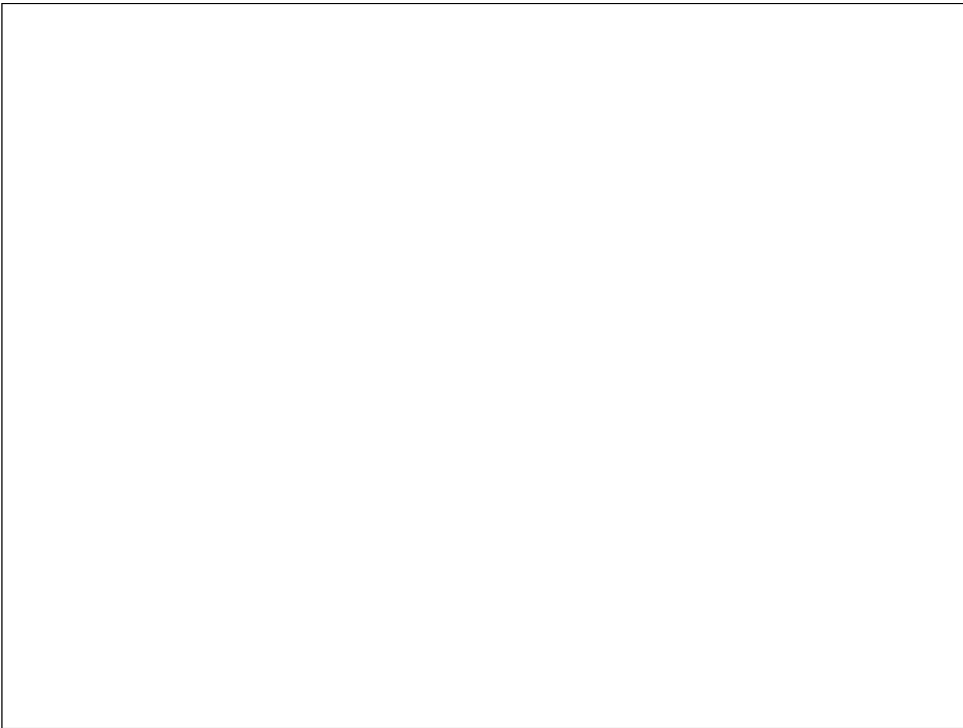
injuries and multiple fractures. Members of the German fire department cut the local national from his vehicle and transported him to a local hospital for severe injuries. Further investigation determined that both vehicle drivers weren’t wearing seat belts at the time of the accident.

The third was near Triererstrasse in Binsfeld. An airman reported to the 52nd Security Forces Squadron that he failed to make a turn in the priority road, lost control of his vehicle and crashed into a private residence. The case is still under investigation.

The fourth accident took place on Flugplatzstrasse in Bitburg. An airman stated that for unknown reasons he lost control of his vehicle and struck a street light pole. There were no injuries reported. The 14 minor accidents involved:

- Eight from inattentive driving.
- One fleeing of the scene of an accident.
- Five from backing.

In addition, 25 citations were issued.



Staff Sgt. John Barton

Guten Morgen!

Staff Sgt. Marc Schumacher, German Bundeswehr soldier, checks the identification card of Airman First Class Daneirys Coen, 52nd Communications Squadron. The German soldiers arrived at the Spangdahlem Air Base Feb. 26, where they augment the 52nd Security Forces Squadron by guarding the base entry gates.

Eifel Salutes

52nd Maintenance Group

Staff Sgt. Shannon Korkmaz was right on time with her stellar scheduling of the wing's entire F-16 fleet for the past month. With a 99 percent effectiveness rate, it's no wonder she's the number one scheduler in the wing. Hail to the crew chief, **Tech. Sgt. Christopher Clements**, who was recognized as a top performer by his co-workers and selected as the squadron "Crew Chief of the Year" award winner. Getting a "zero" is a good thing for **Tech. Sgt. Rick Carillo**, who had no defect ratings from quality assurance inspectors on three recently performed A-10 gun bay inspections. His flight line leadership helped vault mission readiness of the 81st Fighter Squadron, which generated 114 sorties in three days.

52nd Mission Support Group

A special thanks to all who volunteered to paint "many coats of colors" in the Spangdahlem chapel annex: **Airmen Charles Dalton, Shane Andriik and David Sloan; Airmen 1st Class Tony Travis, Jessica Daigle and Michelle Venyak; Senior Airmen Michael Kasper, Joshua Riley, Tiffany McKay and Jean Denis; and Staff Sgts. Julane Bentley, Luke Darche, Gregory Marchand and Timothy Bruton.** Hats off to the 52nd Civil Engineering Squadron renovation team members who traveled to Belgium to get a building into shape. The face-lift's end result was a transformation of a worn-down fitness center into a state-of-the-art medical aid station and chaplain's office. "The Academy would like to thank ..." **Tech. Sgt. Stephon Williams, Mr. Manny Gieder, Staff Sgts. Christopher Hodgson, Giovanni Lewis, Lionel Cortes, Brian Vincent and Noah Patrick Rios; Senior Airmen Todd Messer, Joseph Bauer and Billie Brissel; Airmen 1st Class Frank Michelle, Donovan Pelt and Ryan Pugh; and Airman Joshua Prickett.** Appreciation also goes out to geographically-separated unit sup-

port liaisons **Master Sgt. William Kelly, Staff Sgt. Michael Hager, Mr. Ralf Weinrebe and Mr. Hermann Heinen**, 52nd CES material control, and **Master Sgt. Frank Humphries**, 52nd Mission Support Squadron GSU Office.

52nd Medical Group

Special thanks to **Tech. Sgt. Bernard Kimbrough, Staff Sgt. Paula Balance, Staff Sgt. Michelle Wilkerson and Mrs. Fantasy Gentner** for outstanding service delivered during a recent medical crisis. A 21-"gum" salute to **Tech. Sgt. Jackie Pruitt** from the dental logistics section for an outstanding job in making sure deliveries were coordinated during non-duty hours, which maximized the number of patient care appointments available to the Eifel community. "He 'da man!" **Master Sgt. Tilmon Hodges** got selected 52nd Fighter Wing's First Sergeant of the Year.

52nd Operations Squadron

Wing ops thanks Airman leadership school team members **Master Sgt. Annette Henderson, Tech. Sgt. Scott Stewart and Staff Sgts. Lonney Johnson, Jeff Garcia and Kelli Gonzalez** who make creating an awesome learning environment elementary. From reaching out to the entire community to creating unique graduation experiences, this team makes the grade for bringing out the best in their students, and making sure they get promoted on time!

Senior Airman Tyrone Carr of the 606 Air Control Squadron became the "Duke of Roadside Hazards" for his selfless assistance to a fellow wing member who'd been stranded nearly an hour on the B-51 last week. Though on his way to drop off his kids at daycare, the airman offered the stranded motorist a ride and even checked to ensure all was under control.

Kudos to all, Team Eifel salutes you!

(Compiled by Airman 1st Class Amaani F. Lyle, 52nd Fighter Wing Public Affairs Office)

Airman 1st Class Kate Walsh, 52nd Medical Support Squadron Pharmacy journeyman, is this week's Top Saber Performer.

Top Saber Performer

Name: Airman 1st Class Kate Walsh
Unit: 52nd Medical Support Squadron
Duty title: Pharmacy journeyman
Hometown: Buffalo, N.Y.

Years in Service: Two

Nominee's contributions to 52nd Fighter Wing mission success: As a "combat medic" Airman 1st Class Walsh builds squadron medical element kits for various 52nd Fighter Wing deployments. The kits contain more than 700 critical medications for deployed wing members. The pharmacy journeyman also briefed the Installation Excellence award team on the pharmacy's "Air Force best practice." She contributes to the prevention of medication errors by color-coding different dosage strengths on inpatient unit dose labels. She was also a key contributor to the 52nd Medical Group data collection team by conducting a thorough review of deployment records to ensure their accuracy.

Off-duty volunteerism and professional development pursuits: I'm going to volunteer for a middle school mentorship program and take classes to complete my bachelor's degree.

What do you do for fun? Traveling mostly. I'm trying to see as much of Europe as I can while I have the opportunity.

What do you like most about being stationed here? Spangdahlem is a good central location for traveling and I work with a great group of people.

What's one thing you'd like to see changed or improved at Spangdahlem Air Base?

The low morale and lack of customer service at various base agencies.

Wing airmen win USAFE awards

U.S. Air Forces in Europe officials recently recognized the following members, squadrons and agencies for their outstanding achievements throughout 2002.

Vanguard award (NCO professional excellence)

Senior Airman Heather Lewis, 52nd Aerospace Medicine Squadron

Airfield operations awards

52nd Operations Support Squadron Airfield Operations Flight — Airfield management facility

Mr. Charles Rufi, 52nd OSS — Airfield management civilian technician

Staff Sgt. Kathy Major, 52nd OSS — Airfield management training achievement

Senior Airman Armando Ruano, 52nd OSS — Airfield management airman

Daedalian award (exceptional pilot recognition)

Maj. Thomas McAtee, 23rd Fighter Squadron

Communications and information awards

52nd Communications Squadron - Lt. Gen. Harold W. Grant award

Bitburg Annex Post Office, 52nd CS - Small postal facility

52nd CS multimedia center - medium work center

Ms. Allison Hodges, 52nd CS (now 52nd Medical Operations Squadron) - Civilian assistant specialist

Capt. Adam Little, 52nd Operations Group — Company grade officer

Tech. Sgt. Thomas Hook, 52nd CS - Postal service individuals

Tech. Sgt. Joseph Springfield, 52nd CS - Combat camera Darryl G. Winters award

Tech. Sgt. Brian Stephens, 470th Air Base Squadron, Geilenkirchen, Germany — Information management NCO

Senior Airman Dellana Perez, 52nd CS (now 52nd Fighter Wing Staff Agency) — Airman

Senior Airman Erica Sherlock-Thomas, 52nd CS — Visual information *Contracting award*

1st Lt. Brett Kayes, 52nd Contracting Squadron - outstanding contracting officer

Supply and fuels awards

Capt. Francisco Hornsby, 52nd Logistics Readiness Squadron - junior supply manager

Master Sgt. David Westhausen, 52nd LRS - fuels superintendent

Senior Airman Cory Vrieze, 52nd LRS - junior fuels technician

Airman 1st Class Isabel Aldrette, - 52nd LRS junior supply technician

Members of the 52nd Medical Group Expeditionary Medical Operations make up this week's Top Saber Team.

Top Saber Team

Unit name: 52nd Medical Group Expeditionary Medical Operations

Unit responsibilities: Advises 52nd Medical Group commander and executive staff on all medical readiness matters including manpower, materiel, training and policy. Plans and leads medical contingency and mobility operations, exercise scenarios and site surveys. Medically clears deploying base members. Responsible for dispatch of more than \$2 million in war reserve materiel. Directs wing's self aid and buddy care program.

Number of members: Five

Team's latest contributions to 52nd Fighter Wing mission: Provided expedient and thorough medical clearance for deploying personnel; 54 medics processed nine hours after initial notification — Euroheat!

Team's other contributions throughout the year: Planner for European Command's humanitarian MEDFLAG '02 exercise in Uganda involving three continents training for disaster preparedness and response. Coordinated overseas annual training for 57 Air National Guard members. Increased group's participation seven-fold in wing exercises to include provision of moulaged patients and involvement in the base exercise evaluation team.

Children wrestle with deployment issues, too

Youth behavior often follows stages when Mom or Dad must go

By Airman 1st Class Amaani F. Lyle
52nd Fighter Wing Public Affairs Office

The pressure of keeping one's head and household together after the deployment of a spouse can be a crucible and this anxiety seems to compound when children are involved.

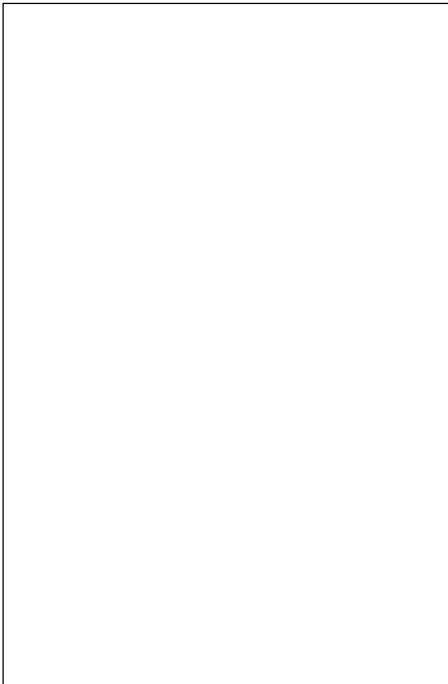
"A lot of children have a similar reaction when a parent gets deployed as they would to a divorce," said Karen Bradley, Spangdahlem Air Base Child Development Center director. "They think maybe they did something wrong, and it's very hard for them to understand that they don't have control over it."

According to the CDC director, one thing children can have control over is staying involved in the process with the help of the at-home parent.

"Include the child in the process as much as possible," she said. "Work a timeline together and make a 'deployment calendar' in which days can be marked off. This gives children a sense of closure."

Creative ideas, such as a parent reading a book on tape or making a video, can soften the effects of separation, said Ms. Bradley.

"This goes both ways," she said. "The child can make tapes, videos, and write brief, but frequent letters to his



or her deployed parent."

Deploying parents can be proactive in staying involved in their child's life.

"Write letters before you go," suggests Capt. Arianne Henry, 52nd Medical Operations Support Squadron clinical social worker. "Leave a letter behind because you don't know how quickly you're going to get to the next location to send a letter or make a phone call. It's always nice to get something from the deployed parent

that the child can hold on to — even if it's as simple as a postcard. Stay connected to your child.

"Talk to your children in an age-appropriate way about deployment and where you're going. Be truthful, but be reassuring about what your experience will be."

Both Capt. Henry and Ms. Bradley agree that routines and expectations can maintain a sense of normalcy and foster progressive adjustment.

"Maintain routines, but validate the reactions of stress in a child," said the captain.

Keep children involved and keep the routine simple, because they don't understand the separation unless you explain it to them, said Ms. Bradley.

According to Capt. Henry, awareness of one's own feelings is the most effective way to be cognizant of a child's worries and fears when it comes to losing a parent to deployment.

"Taking care of yourself takes care of your children," she said.

For more information about children and deployment, call the educational and developmental intervention services Office at 452-8238, the family support center at 452-6422 or the base chapel at 452-6711.

Children and deployment

According to Capt. Arianne Henry, 52nd Medical Group clinical social worker, and www.hooah4health.com, as children develop, the way in which they handle separation also changes.

Infants to preschoolers

Children tend to react the way they see the parent reacting. If a parent who is left behind is feeling anxious or scared, the child, especially an infant or toddler, is likely to pick up on that, said the captain.

Parents should remain understanding of a young child's stress, which may manifest itself in the form

of clinging and tantrums, said Ms. Karen Bradley, Spangdahlem Air Base Child Development Center director.

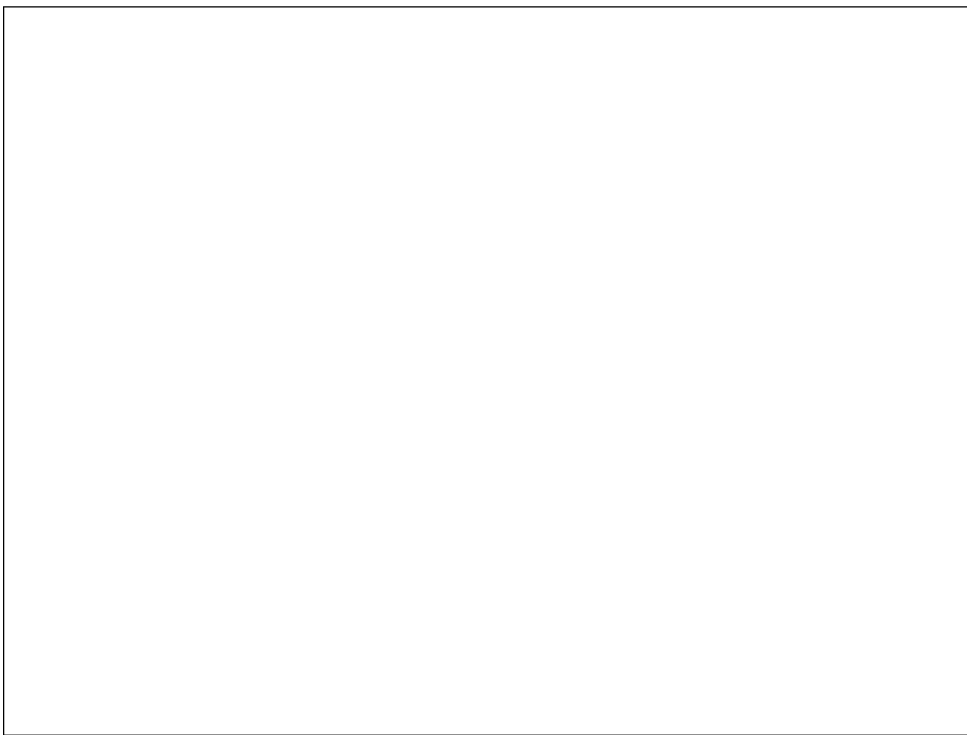
6-12 years

School-age children may act out feelings with aggression, and may begin to worry about significant events, such as birthdays that the parent will miss. A child's appetite may wane, and he may lose interest in school.

Teens

Adolescents begin processing the information a little bit differently and begin to develop distinct political views of the world, which means they'll fluctuate between asking questions and needing reassurance.

Web sites, such as Dads at a Distance at www.dads.com and Moms Over Miles at www.momsovermiles.com provides parents creative ways to connect with children while deployed.



Staff Sgt. John Barton

STEP'in up

Newly promoted Master Sgt. George E. DeShields III, 52nd Civil Engineer Squadron Fire Protection Flight, get his E-7 stripes tacked on by his fellow fire fighters. Earlier in the day, Col. Stephen Mueller, 52nd Fighter Wing commander, presented the flight operations assistant chief with the new stripes, which were awarded under the Stripes For Exceptional Performers program.

Kleine Brogel building renovations gives GSU two-for-one office deal

Story and photo by Capt. Todd Alcott
52nd Mission Support Flight commander

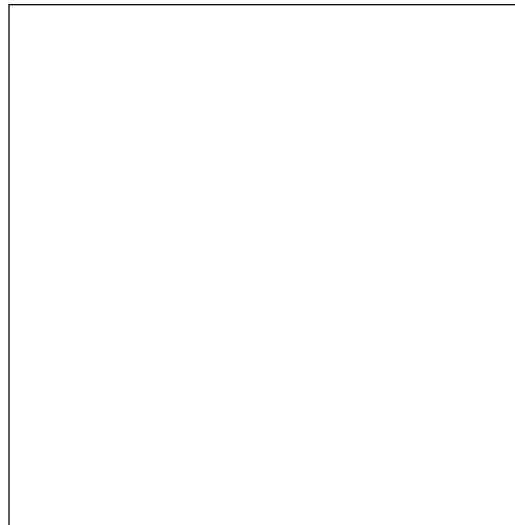
In the movie, "Field of Dreams", Kevin Costner's character builds a baseball field in his cornfield as an inspiration led by his love for the game. The 52nd Munitions Support Squadron at Kleine Brogel Air Base, Belgium, doesn't have a baseball field; however, the squadron does have aspirations to take old facilities and make them into something better.

Recently a Spangdahlem Air Base civil engineer team traveled to Belgium to begin renovations on "KB" building 117. The team transformed the base's dilapidated fitness center into a state-of-the-art medical aid station and chaplain's office.

Under the direction of Tech. Sgt. Stephon Williams, the team completed the project in less than a month. Renovations included new walls, lowered ceilings and lights, new doors, windows, counters, and electrical outlets, male and female restrooms, four offices, a waiting area, a large conference room, and a physical exam room. Team members worked six and one-half days weekly and many times late into the night to finish the project before the base's Nuclear Surety Inspection Feb. 24.

"This facility is exactly what we need and it will enhance our ability to give customers better care and privacy," said Tech. Sgt. Joseph Dohmann, Kleine Brogel independent duty medical technician. "Before, technicians shared one office and we had no room for customers to wait in during morning sick calls."

Other enhancements include a TRICARE customer service window and a combination office and conference room for unit and auxiliary chaplains.



Tech. Sgt. Stephon Williams, 52nd Civil Engineer Squadron, takes a break from installing utility hook-ups for Kleine Brogel Air Base building 117 bathrooms.

According to Chaplain (Lt. Col.) Gary Smith, 52nd Fighter Wing Chapel Services, the facility serves many important purposes.

"Now the Kleine Brogel community will have a place they can associate with their chaplain in a confidential setting, where chapel representatives can meet and plan chapel programs for the people and a place set apart to meet some of the religious needs of the people of Kleine Brogel," he said. "Having such a designated chaplain's office here will go a long way toward adding another way of supporting the great folks at KB!"

The 52nd MUNSS Commander Lt. Col. Jurgen Smith said the project is a huge milestone for the 52nd FW and 52nd MUNSS relationship and is the largest project of its kind in more than 10 years.

Shop 'til you drop at the
Spring bazaar

March 14 from noon to 8 p.m.

March 15 from 10 a.m. to 8 p.m.

March 16 from 11 a.m. to 5 p.m.

Open to all U.S. and NATO military card holders

Community Mailbox

“The Diary of Anne Frank”

ACT-Eifel performs the drama about the lives of eight people hiding from Nazis in a concealed attic. Tickets cost \$8 for adults and \$4 for children under 12. An opening night reception takes place March 14. The play runs March 14-15 and 21-22 at 7 p.m. and March 16 at 3 p.m. Call 452-7381 for details.

Give Parents a Break

Air Force Aid holds two extra GPAB sessions for March and April. Sessions take place March 14 from 6:30-11:30 p.m. and March 15 from 11 a.m. to 4 p.m. at the Spangdahlem AB Child Development Center and School Age Program facility. The following month’s sessions will be held April 18 from 6:30-11:30 p.m. and April 26 from 11 a.m. to 4:00 p.m. at the Bitburg Annex CDC and SAP facility. Call 452-9491 or 452-6422 for more information.

Helping hands meeting

Parents of children with special needs, such as autistic spectrum disorders, pervasive development disorders and down syndrome meet the third Tuesday of every other month. The next meeting takes place March 18 at 6:30 p.m. at the Spangdahlem AB youth programs center, building 427. Childcare and dinner will be provided free. Contact Capt. Michelle Ambrose at 452-8238 or Ms. Myra Mills at 452-7545.

Scholarships

The Spangdahlem Officers and Civilian Spouses Club offers three scholarships worth \$1,000 each to wing spouses. Pick up applications at the base education office, base library, family support centers and base clubs. Applications must be post-marked by March 21. Call the education office at 452-6063 or e-mail spang_ocsc_scholarship@yahoo.com for details.

Family support news

The following workshops take place in Spangdahlem AB building 307. Call 452-9491 for details.

■Preseparation consultation, Monday and March 17 from 9-10:30 a.m.

■Predeployment briefing, Tuesday from 1-2 p.m.

■Interview skills, Thursday from 1:30-3:30 p.m.

The following workshops take place in Bitburg Annex building 2001.

■Creative critters, Monday from 10-11 a.m.

■Basic investing, Tuesday from 6-8 p.m.

■Deployed movie night, every Tuesday from 6-8:30 p.m.

■Great expectations, Wednesday from 6-8 p.m.

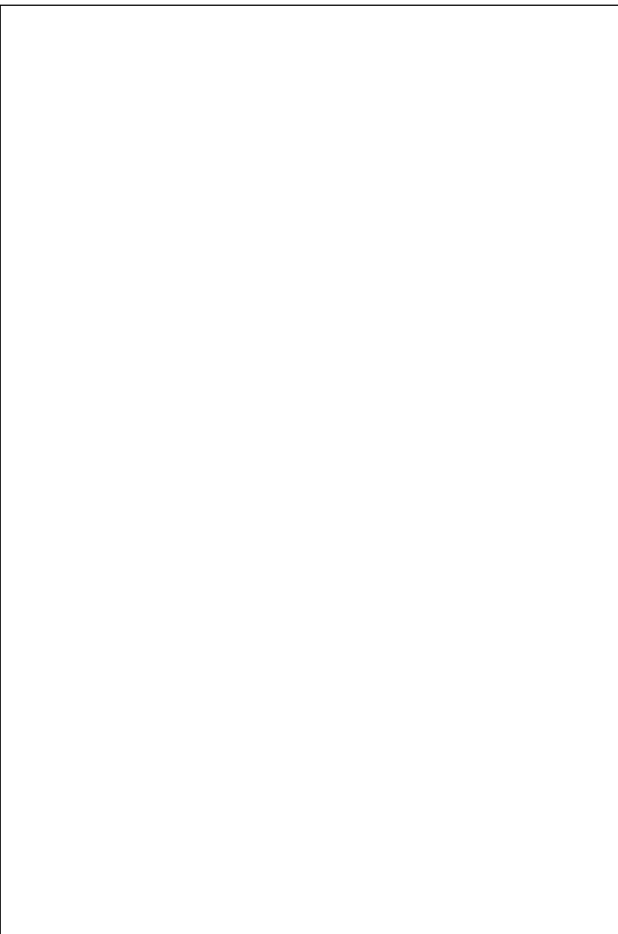
■Spouse’s orientation, March 14 from 9 a.m. to noon.

■Deployed family day, March 22 from 10 a.m. to 2:30 p.m. Event features morale calls, food and games for spouses and children of deployed members.

Volunteer News

Volunteer help is needed at various base agencies. For more information, call Ms. Kelly Childs, base volunteer resource program manager, at 452-9491.

■Bitburg Elementary School seeks student mentoring vol-



Airman 1st Class Amaani F. Lyle

Spin cycle

Master Sgt. Darryl Knowles, 52nd Civil Engineer Squadron wing energy manager, makes the stationary bike part of his fitness regimen at the spinning class offered at the base fitness center. The class meets each Monday at 6:30 a.m., 11:30 a.m. and 5:30 p.m., each Tuesday and Thursday at 11:30 a.m., each Wednesday at 5:30 a.m. and 5:30 p.m. and each Friday at 11:30 a.m. New classes have been added Tuesday and Thursday mornings at 9 a.m. Call 452-6634 for details.

unteers one hour weekly. Teachers provide assignments and materials. Call Ms. Carolyn Forbis at 452-9215 or 06565-619215 for more information.

■The 52nd Fighter Wing Annual Volunteer Recognition Ceremony takes place April 24. Categories are expanded this year to recognize as many different individuals and groups as possible. Nomination packages are due by March 28.

Chapel news

The following events take place at the Spangdahlem AB Chapel unless otherwise noted. Call 452-6711 for more information.

■Catholic Women of the Chapel meets March 26 from 6-9 p.m.

■Protestant Lenten suppers and devotionals take place each Wednesday from March 12 through April 16 at 6:00 p.m.

■A Jewish Purim celebration takes place March 16 at 2:00 p.m. in building 139.

■Catholic stations of the Cross take place each Friday starting today through April 11 at 5:30 p.m. in the Bitburg Chapel.

Community Bank closure

Community Bank is open Wednesday from noon to 4 p.m., while the Bitburg branch is open from 10 a.m. to 4 p.m. as a result of monthly training. On Thursday, the Bitburg Annex branch is open from noon to 4 p.m., while the Spangdahlem AB branch is open from 9:30 a.m. to 4 p.m.

CAC news

The following events take place in the base community activity center, building 124. For more information call 452-7381.

■People interested in learning or playing bridge can stop by the CAC for details.

■The chess club meets March 15 in the CAC ballroom. The club meets the first and third Saturday of each month.

■The LAN Party meets Saturday from 9 a.m. to 9 p.m.

■“Magic: The Gathering” tournament takes place Sunday from 9 a.m. to noon. Cost to enter is \$25 per person.

Staying fit

March is National Nutrition Month and the base health and wellness center is spreading the word about nutrition. The HAWC offers the following classes in Spangdahlem AB building 130, unless otherwise noted. Call 452-9355 for details.

■Nutrition information in the Bitburg commissary, focusing on healthy shopping, today from noon to 4 p.m.

■Nutrition information with blood pressure checks in the Bitburg Annex main exchange Saturday from noon to 3:00 p.m.

■JumpStart class, on nutrition and fitness, in the HAWC Tuesday from 9-11 a.m.

■Sports nutrition class from 3:00-4 p.m. Thursday and March 27.

Education center news

The base education office is located in building 192. Call the office at 452-6063 for more information.

■The University of Oklahoma offers a master’s degree class, adolescent issues in human relations. Course dates are April 8-13. Students must register by Monday. Call the branch office at 452-7555 or visit Spangdahlem building 131.

■City Colleges of Chicago closes its European division July 31 and ceases student enrollment on March 14 for all 16-week courses and April 25 for all 10-week courses. Students wishing to enroll with CCC after these dates will be able to do so through Harold Washington College. For more details, visit www.ccc.edu/hwashington/programs/military/htm, beginning June 1 or call the base education office.

■Embry-Riddle University offers statistics starting April 5. The class is four weekends from 9 a.m. to 3:30 p.m. Also, distance learning courses can be taken while on temporary duty. Classes start monthly on the 15th and are covered 100 percent by Air Force tuition assistance. The student’s only cost is for books. Call the branch office at 452-7553 for more information.

■Students can now create personal Air Force Virtual Education Center accounts and access online customer service tools. Services include Community College of the Air Force transcript requests and CCAF degree progression reports. Visit the AFVEC site at <https://afvec.langlely.af.mil> for details.

Playgroups

A preschool playgroup meets each Tuesday from 9:30 to 11:30 a.m. in Spangdahlem AB military family housing building 409-C and in the Bitburg Annex temporary lodging facility, building 2. Playgroups offer parents the opportunity to build a support network. Call Ms. Michele Linnen at 452-8279 for details.

EDIS news

Infant and toddler developmental screenings take place each first, third and fifth Monday monthly from 9-11 a.m. in the EDIS clinic. The clinic is in Spangdahlem Air Base building 161. Call 452-8238 for details.

Der Markt

Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to publicity@spangdahlem.af.mil or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The *Eifel Times* staff reserves the right to edit ads.

Published by Verlag & Druck Wittich KG, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 52nd Fighter Wing. This commercial enterprise newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the Eifel Times are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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Editorial content is edited, prepared, and provided by the 52nd Fighter Wing Public Affairs Office staff. All photographs are U.S. Air Force photographs unless otherwise indicated.

Col. Stephen Mueller

Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in the Eifel Times and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

■DirectLine@spangdahlem.af.mil

■Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126

■To PA in building 23.

■Concerns may also be sent via fax to 452-5254.

Anonymous inputs are accepted. To receive a personal response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.

Sortie Scoreboard

Unit	Goal	Flown
22FS	102	59
23FS	77	82
81FS	87	97

Sorties flown
Feb. 24-March 2

(Courtesy of the 52nd Maintenance Squadron Plans and Scheduling Section)

Leader's perspective

'Dinosaurs' never die, they just learn how to compute

Technology may ease tasks, but can also become a crutch

Maj. Andrew Stark
52nd Maintenance Operations Squadron commander

I am a dinosaur; I admit it and, in fact, I like it that way. I hate computers, which means that writing this article is especially painful because I am writing it on a computer. I have something like an allergic reaction to technology. I don't have that reaction to most people.

I grew up playing outdoors with other kids or playing pinball and air hockey, not Nintendo, Play Station, and X-Box. That may color my perception, but I think that we have come to use technology as a crutch and in many ways an excuse not to do some things in person that ought to be done that way.

I have noticed that many others and I frequently use e-mail to pass along information when we really should have a smell-the-garlic-on-your-breath kind of conversation. I've noticed that this can be especially true if the communication is difficult because it means telling someone no or points out areas where improvement is necessary.

What do I mean? I mean that I've notified people of short-notice and undesirable taskings by e-mail. I've sent out "congratulations to the winners of the (add award title here)," and "sorry, you didn't win" e-mails and called it good. Rather, I should have stepped up to the individuals who didn't win and tell them what they did that was good and what they can do to compete better in the future. My parents and my

bosses and the senior NCOs ten years ago taught me better than that.

I am also guilty of training people in the Air Force how to use a computer rather than educating them on how and why to do a job. I inflicted that on an entire career field when I worked in an office that developed and fielded software for the Air Force. When I returned to the

"The folks we trained on the computer could only respond to questions by saying, 'I have to put that in the computer or it won't work,' or, 'I don't know why, but I'm supposed to put that in.' These folks are stumped if the network goes down, the power is off or anything else happens to disrupt the flow of electrons."

"Operational Air Force" I noticed that the career field and the Air Force suffered for the lack of training.

Individuals in that career field frequently worked harder and longer to accomplish less than they would have if we had invested the time and energy up front to properly train and educate the career field.

What do I mean? The folks who were trained before the new program came out could answer questions about why we had to do certain things or why they had to be done certain ways. They

could make adjustments if they experienced problems. They could deal with things in the real world happening out of order and make recommendations to change regulations or the way things were actually being done in a given situation based on a strong understanding of what was going on. They understood how their actions or inaction impacted people outside their offices.

The folks we trained on the computer could only respond to questions by saying, "I have to put that in the computer or it won't work," or, "I don't know why, but I'm supposed to put that in." These folks are stumped if the network goes down, the power is off or anything else happens to disrupt the flow of electrons. At least they were until they figured out a work-around during some contingency.

As supervisors, as parents, as friends, as people, do all that you can to communicate in person. People need and react positively to personal interaction. Speak to individuals directly whenever you can. Yes, it takes time. Yes, it is often uncomfortable. It's also effective and lays a foundation from which you build trust and understanding so that when you cannot deal directly with an individual they trust your e-mail.

How do you define irony? How about, "I'm supposed to e-mail this to my group staff and the network is down right now due to a computer virus." It's true. I hope I can print this so I can hand carry it, but I've got a network printer, too.

Direct Lines

Dog owners

Question: I have an issue with some dog owners on base. I am a responsible dog owner and I follow the rules of the base concerning my pet. However, it seems a lot of people aren't.

First off, I see people taking their dogs outside with out a leash. This wouldn't be so bad if their dogs were well trained; however, the dogs always run straight for my dog when they see her. There could be a horrible situation if either of the dogs were aggressive.

Also, I see children walking dogs they can't control. Yes, this is a good lesson of responsibility, but the parents should train the dog to behave on the leash before the child takes it out. One child who lives in the building behind mine has to have his friends help him hold the dog whenever my dog and I walk by.

Then there is, of course, the poop problem. Dog owners of all

ages take their dogs out and don't pick up after them.

What can I do when I see this?

Answer: Thank you for your inquiry. This is a great opportunity to remind all housing residents to be responsible pet owners and considerate of their neighbors. While pets are allowed in base housing, it is the pet owner's duty to control them. This means controlling barking, keeping them on a leash when walking and picking up after them.

When witnessing one of these incidents, approach the pet owner directly. If you can't resolve the issue at this point, then discuss your concerns with your stairwell and building leaders. If there still is no change, then you can express your concerns to the area leader. The area leader can elevate your concern to the applicable first sergeant or commander for resolution.

If a pet becomes a nuisance, the owners may be required to remove the pet from base housing perma-

nently. The same procedure applies to children walking pets they can't control. Parents are responsible to ensure the child can control the dog in any situation.

The current housing brochure provides very definite instructions on pet owners' responsibilities. It states:

- Pets must be leashed when outside your home.
- Pets aren't to be allowed to run free in the housing areas.
- Pet feces must be picked up immediately.
- Pets mustn't be allowed to relieve themselves in high play areas.

Do the right thing, be courteous, be a good neighbor, control your pets and pick up after them.

People wanting more information concerning pet care in housing areas can call the base housing office at 452-6036.

From the top

"I go out and I walk the flightlines of our Air Force throughout the world, wherever we are deployed and I never cease to be amazed at what I see. I get surprised every single time, at the dedication and the commitment, the patriotism, the sacrifices of our airmen who give of themselves. Is there any doubt we are the greatest Air Force in the world?"

-- Gen. John P. Jumper, Air Force chief of staff

Movies

All movies play at 7 p.m. unless indicated. More synopsis information is available at www.aafes.com/ems/default.asp.

Bitburg Castle

Today

Kangaroo Jack (PG)

Two friends are forced to deliver mob money to Australia. However, when a kangaroo bounces off with the money they're forced to chase it through the Outback. (Language, crude humor, sensuality and violence.)

Saturday

Hot Chick (PG-13)

A popular, mean-spirited teen-age girl wakes up one morning as a man. Along the way to finding out how she ended up in the situation, she discovers how cruel she's been. (Crude humor, language and drug references.)

Sunday

Kangaroo Jack

Closed Monday and Tuesday

Wednesday

Hot Chick

Thursday

Adam Sandler's Eight Crazy Nights (PG-13)

Animated. Davey faces prison when a friend proposes that he work with him refereeing a local basketball league. Can Davey rise above his self-destructive habits? (Crude humor, drinking and drug references.)

Spangdahlem Skyline

Today

Biker Boyz (PG-13)

"Smoke," an undefeated motorcycle racer, is the undisputed King of Cali; however, Smoke's title is threatened by a young racing prodigy who is determined to win. (Gang violence, language and drug reference.)

Empire (R, 10 p.m.)

A Puerto Rican drug-dealer works the violent South Bronx streets. With an eye for money and a head for business, he dreams of someday achieving the success of a legitimate businessman. (Violence, pervasive language, drug content and sexuality.)

Saturday

Drumline (PG-13)

Devon, a street drummer from Harlem, enrolls in a Southern university, expecting to lead the marching band's drumline to victory. He flounders in his new world, before realizing that it takes more than talent to reach the top. (Language.)

Star Trek: Nemesis (PG-13, 10 p.m.)

The Romulan Empire is thrown into disarray when an exiled slave murders the planet's senate. Now, the mad man wants to use the Enterprise crew in his scheme to incite a revolution. (Violence, peril and sexual content.)

Sunday

Biker Boyz

Monday

Drumline

Tuesday

Empire

Closed Wednesday and Thursday

Times and movies are subject to change.
For the most current information,
call 452-9441.

Tech. Sgt. Bruce McKenzie takes a break to pose for the camera as he entertains a patient at the Bitburg Annex hospital. The 52nd Medical Operations Squadron Family Care Center NCOIC is an accomplished jazz and gospel musician.

Airman 1st Class Karolina Gmyrek

Medical NCOIC shares musical gift

Airman donates portion of recording profits to military medical hostel

By Mrs. Jennifer Anderson
52nd Fighter Wing Public Affairs Office
volunteer

VH1 has noticed Spangdahlem Air Base's own Tech. Sgt. Bruce McKenzie's talent. In fact, VH1.com has recently given McKenzie's latest jazz album, Special Moments, great reviews.

This is the 52nd Medical Operations Squadron Family Care Center NCOIC's second album and it's flying off the shelves. Released in January, Special Moments was sold out at the Ramstein Air Base PowerZone in less than a week with a portion of the proceeds going to the Landstuhl Fisher House.

Tech. Sgt. McKenzie's music style, which he calls, "smooth jazz," is varied but is associated with the works of jazz legends FourPlay and Mr. Norman Brown. His compact disc is digitally mastered at Skywalker records in Trier

and then manufactured at Sony in Austria. Tech. Sgt. McKenzie; however, creates the music all on his own.

He is a one-man band playing guitar, bass, and guitar synthesizer.

Originally from Fayetteville, N.C., he said he was inspired to start playing by his very musically inclined family. He first picked up the guitar at 12-years-old and with very few formal lessons, almost immediately started touring with a gospel group all along the East Coast.

"I never dreamed that I would play gospel music; I heard it around the house all the time, but I didn't think of gospel music as something I'd like to do," said the technical sergeant on his personally designed Web site on www.brucemckenzie.com/biography.

After joining the Air Force in 1988, he continued touring off and on during leave with the Clark Special gospel

group helping them win the 1997 Gospel Music Worship of America New Artist award.

In 1999, Tech. Sgt. McKenzie decided he would work on his first solo album, BMACK, which was a success largely due to his own grassroots promotional campaign. He has handled all the publicity for both albums by himself.

Now the album he created in his mini-studio at his home in Landscheid can be sampled and reviewed by fans at VH1.com, JazzReview.com, and SmoothJazz.de. It's available to purchase on most major Internet retail sites, but may also be purchased at Express Video and Music Store on Spangdahlem Air Base.

For more information about Tech. Sgt. McKenzie's music visit his Web site or e-mail him at info@brucemckenzie.com.

Out and About

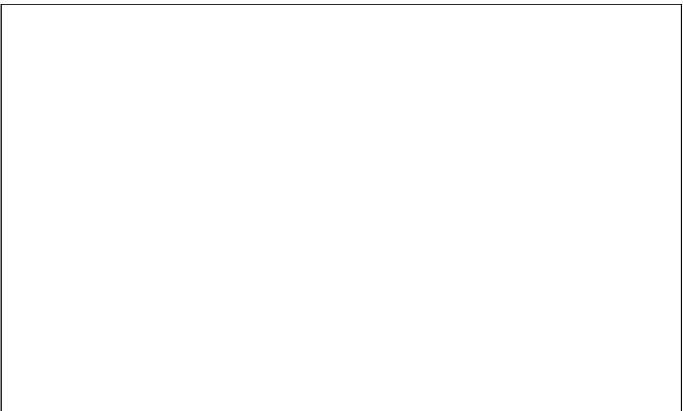
(Editor's note: Event dates and times are subject to change. To confirm event details, call the telephone information office at 11833 and ask for a number to the tourist office in the town the event takes place. For event tickets, call the Press-Center Trier at 0651-14599-30, the Trier Tourist Information Office at 0651-9780822 or the Trier Ticket Service at 0651-9941188, unless specified otherwise.)

■A Lego World exhibition takes place at the Trier Viehmarkt Thermal Bad hall Tuesday through Sunday at 9 a.m. and 5 p.m. through April 21.

■The 2nd Annual Bitburg Beer festival takes place March 13 through April 5 on Bitburg Flugplatz.

■The 2003 Bitburg Beda market takes place March 14-16. Outdoor recreation sponsors the following trips in February. The minimum age for trips is 12, unless listed otherwise. Call 452-7176 or visit the shop in Spangdahlem AB building 146, near the Mosel Hall dining facility for more information.

■Discover SCUBA, March 22. Cost is \$30.
■Underground quad runners, March 23. Cost is \$55.
■Indoor skiing and snowboarding, March 29. Cost is \$45.
Information, Tickets and Tours offers the following tours in February. People should register for trips at least three days in



Ms. Iris Reiff

View of Cochem castle from the town of Cochem.

advance. Children's prices are for ages 3-12, unless specified otherwise. Call 452-6567 for more information.
■Cochem castle medieval dinner, March 22. Cost is \$69.
■Paris overnight, March 22-23. Cost is \$189 for adults, \$139 for children.
■Cologne city and chocolate museum tour, March 29. Cost is \$35 for adults, \$30 for children.
■London for less, March 29. Cost is \$55.

Recording food intake gives skinny on eating habits

By Maj. Kelli M. Metzger
Air Force registered dietician

People often resolve to lose 15 extra pounds, develop better eating habits, or to get their diabetes, cholesterol or blood pressure under better control. What we eat can play a big role in these goals, but how many people really know what they're eating?

"If you think you know exactly what and how much you eat, you may be in for a big surprise," said Ms. Marcia Levine Mazure, "Diabetes Forecast" senior editor.

People who want to know what they're actually eating, should keep a food diary for about two weeks.

Food diaries reveal unconscious eaters, people who eat without being aware of exactly what or how much they eat.

Some typical munching people often forget include:

- The handful of peanuts eaten during a party.
- Fries from a a friend's plate.
- The couple of handfuls of movie popcorn.
- The homemade cookies a co-worker brought in for the office.

Maintaining a food diary, which notes formerly unrealized eating opportunities may lead to a change of eating habits.

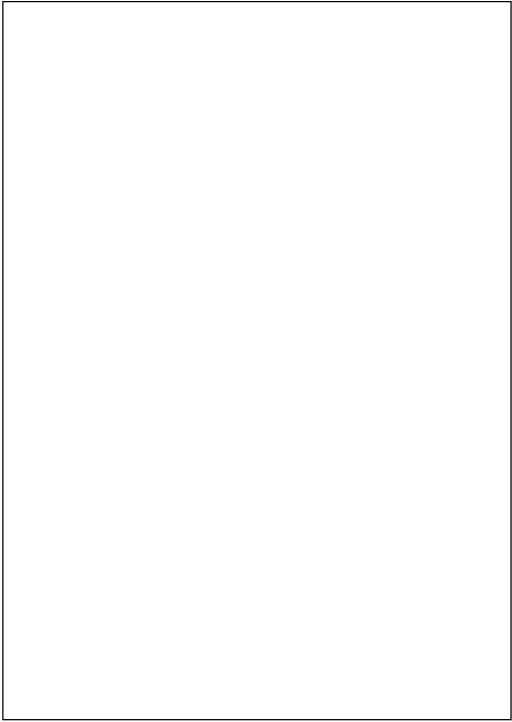
For example, people tend to eat more during the holidays, especially while traveling because they're not following their usual schedules. People also tend to eat more when they're working under pressure, such as consuming sodas, which contain caffeine and sugar to help them stay awake to complete a project.

Getting started

A food diary can be kept in a notebook or folder containing homemade diary pages and a pen. People should take the food diary with them everywhere they go, including school, work and restaurants. Record all the foods and amounts consumed immediately after eating. People who wait until later typically forget some of the consumed or forget to record anything at all.

Be specific

People should record the day of the week and the time they're eating. Count or measure the portion consumed. For example, when recording a soda, people should record whether it's a 12-ounce can or a 20-ounce bottle. Also, rather than just writing sandwich, list



the ingredients — three slices of roasted turkey, one slice regular cheese, two slices of tomato, one-tablespoon reduced-fat mayonnaise and two slices of wheat bread. People who aren't sure whether the mayonnaise, cheese, or salad dressing was regular or

reduced fat, should note that as well. Realizing how much information they lack can help them identify some potential problem areas.

Honesty: The best policy

People shouldn't write down two chocolate chip cookies when they really ate four extra large, extra rich cookies. The food diary is to help the person keeping it. People should make entries every time they eat or drink, whether it's a handful of peanuts, a bite-size candy bar or a beer at the bar.

Getting personal

People should also record the reason they're eating. Some people eat more when they're alone, stressed or depressed. Was eating the slice of cake really because of hunger?

After faithfully keeping the food diary for two weeks, people should review it see how they did. The goal of the review is to identify areas for nutritional improvement, which is one of the first steps in developing healthy eating habits.

People interested in having their food diary reviewed by a nutrition technician, can call Staff Sgt. Jason Herman, health and wellness center, at 452-9355. (Localized by Staff Sgt. Herman, HAWC)

Sports Shorts

Softball field closure

The softball fields located behind the Spangdahlem AB chapel are temporarily closed for reseeding for the upcoming softball season.

ODP soccer

The Benelux district has opened the doors for Olympic Development Program soccer, a program that selects only the most skilled players for a shot to play on the U.S. National team. The district, stationed in Bitburg, is open to players from Spangdahlem, Kleine Brugel, SHAPE and Vokel air bases to practice and attend smaller camp sessions. The program features a large, motivated coaching staff. Even though the program is only three months old it shows top results. Three Benelux teams recently claimed first and fourth place in the first Michael Brendal ODP European Memorial tournament in Kitzingen, Germany. Students interested in playing OPD soccer can call Wendy Richter at 0656-194-5719.

Ice hockey

The Spangdahlem Air Base ice hockey club claimed first place in the first game of the season against Darmstadt, scoring 16-4. Paul McCarthy, Mike Rainville, Luke Newcomb and Mike Checkley led the scoring effort. The team plays against Mainz in a home game March 15 in the Bitburg Eissporthalle. Call Tech. Sgt. Lane Goodnough at 452-6618 or Master Sgt. Jeff Barr at 452-6787 for more information.

Bodybuilding

The Ultrabodies IV bodybuilding contest takes place June 20-21 at Royal Air Force Mildenhall, England. Entry deadline is June 1. Call Ms. Laura Dickey at DSN 238-2349 for more information.

Sports officials needed

Spangdahlem AB intramural sports program managers seek volunteer officials for the upcoming soccer and volleyball season. Call Mr. Bruce Cannady at 452-6496 for more information. Also, people interested in playing intramural soccer or volleyball can call Ms. Mandy Baerman at 452-6634.

Barons baseball

The Bitburg High School baseball season takes place March through June. Students ages 15-18 interested in playing can call Coach Andy Flores at 06562-3183 or Coach Thomas Gilbert at 452-7545.



Staff Sgt. Tim Cook

Going up!

Mr. Bill Mason and Ms. Lisa Lage climb the walls at the Spangdahlem AB fitness center. The center's new climbing walls recently opened to the Team Eifel community; however, climbing and belaying classes are required. Outdoor recreation currently holds free classes for the first 40 families each Tuesday from 5-8 p.m. and each Thursday from noon to 3 p.m. Classes are limited in size, call 452-7170 to register. Private classes are also available for groups of six to 17 people weekdays for \$10 per person.

Softball

Spangdahlem AB varsity softball tryouts take place March 22. Men tryout from 9 a.m. to noon and women tryout from 1-4 p.m. Call 452-6634 for more information.

Football

The Langenfeld Longhorns, a semi-professional Division II football team near Cologne, Germany, seeks experienced players on skill positions for the upcoming football season. Visit

www.langenfeld-longhorns.de or call Mr. Max Paatz, team recruiting manager, at 01772-416770 for more information.

Youth sports

Baseball and softball registration continues at the Spangdahlem Air Base youth programs sports office, located in building 427. Registration also takes place at the Bitburg Annex youth programs sports office, located in the fitness center. Call 452-7545 for information. Youth sports managers also seek volunteer coaches and game officials.

Bowling

Eifel Lanes Bowling Center is located in Spangdahlem Air Base building 300.

■Eifel Lanes shoot out, Saturday at 2 p.m. Entry fee is \$40 per bowler. Grand prize is \$500.

■St. Patrick's Day special, March 17 from 11 a.m. to 9 p.m. Bowlers wearing at least 50 percent green play for \$1 per game.

■Color pin bowling, each Friday at 6 p.m. Participants win prizes when they bowl a strike special pins.

■Glo-bowling, each Saturday at 6 p.m. The center features new lanes and lights.

■Family day, each Sunday from noon to 5 p.m. The event features discount games and free shoe rentals.

■Deployed spouses family day, each Monday from 11 a.m. to 10 p.m. Families of deployed military members can bowl for \$1 per game. Call for details.

Eifel Mountain golf

The course simulator is open through the winter. Players use regular golf equipment. The simulator offers play from tee to range to the rough on a golfer's choice of four world-famous golf courses. Cost is \$10 per hour.

Fitness center news

The following activities take place at the Spangdahlem Air Base fitness center. Call 452-6496 or 452-6634 for details or to register.

■The St. Patrick's Day fun run takes place March 17 at 8 a.m. Runners are encouraged to wear green.

■Microfit fitness analyses are available each Tuesday by appointment.

■Intro to weight training takes place the second Thursday of the month from 9 a.m. to 1 p.m.